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See bottom panel for complete nutrition facts and ingredients.



P90X
PEAK PERFORMANCE

**CHOCOLATE
FUDGE**

12 Protein Bars

BEACHBODY

Nutrition Facts

Serving Size 1 Bar (65g)
Servings Per Container 12

Amount Per Serving		
Calories 250	Calories from Fat 70	
		% Daily Value*
Total Fat 7g		11%
Saturated Fat 4.5g		23%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 200mg		8%
Total Carbohydrate 31g		10%
Dietary Fiber 2g		8%
Sugars 16g		
Protein 20g		39%
Vitamin A 15%	•	Vitamin C 15%
Calcium 6%	•	Iron 25%
Vitamin E 15%	•	Thiamin 15%
Riboflavin 15%	•	Niacin 15%
Vitamin B6 15%	•	Folate 20%
Vitamin B12 15%	•	Biotin 15%
Pantothenic Acid 15%	•	Phosphorus 10%
Iodine 15%	•	Magnesium 4%
Zinc 20%	•	Copper 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less Than		65g	80g
Sat. Fat	Less Than		20g	25g
Cholesterol	Less Than		300mg	300mg
Sodium	Less Than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

SUGGESTED USE: Enjoy a P90X® Peak Performance Bar as a midmorning or midday snack, or as an occasional meal replacement.

INGREDIENTS: Protein blend (soy protein isolate, calcium caseinate, soy protein crisps [soy protein isolate, tapioca starch, salt], whey protein isolate), milk chocolate coating (sugar, cocoa butter, unsweetened chocolate, whole milk powder, soy lecithin [an emulsifier], natural vanilla flavor), evaporated cane juice invert syrup, polyglycolol syrup, glycerine, unsweetened chocolate, isomaltol-oligosaccharides (prebiotic fiber), cocoa powder (processed with alkali), palm oil, natural flavor, sea salt.

VITAMINS AND MINERALS: Vitamin C (ascorbic acid), natural vitamin E [*d-alpha* tocopheryl acetate], niacinamide, reduced iron, zinc oxide, calcium d-pantothenate, pyridoxine hydrochloride (vitamin B6), copper gluconate, riboflavin (vitamin B2), vitamin A palmitate, thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, cyanocobalamin (vitamin B12).

ALLERGY INFORMATION: Contains soy protein and milk products. Made in a facility that processes peanuts, tree nuts, soy, dairy, eggs, and wheat.



**Tested
Gluten
Free**



BEACHBODY

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