



## P90X<sup>®</sup> Peak Performance Protein Bars—Mocha

### NUTRITION FACTS

Serving Size: 1 Bar (72g)	Servings Per Container: 12	
	Amount Per Serving	% Daily Value*
Calories	260	
Calories from Fat	50	
Total Fat	6 g	9%
Saturated Fat	2 g	10%
Trans Fat	0 g	
Cholesterol	15 mg	5%
Sodium	190 mg	8%
Potassium	350 mg	10%
Total Carbohydrates	37 g	12%
Dietary Fiber	4 g	16%
Sugars	25 g	
Sugar Alcohol	4 g	
Protein	18 g	36%
Vitamin A		15%
Calcium		25%
Vitamin E		25%
Thiamin		15%
Niacin		15%
Folate		25%
Biotin		15%
Phosphorus		30%
Magnesium		25%
Copper		20%
Vitamin C		25%
Iron		25%
Vitamin K		10%
Riboflavin		20%
Vitamin B6		15%
Vitamin B12		10%
Pantothenic Acid		15%
Iodine		15%

Zinc		15%
Manganese		8%

\*Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Suggested Use:** Enjoy a P90X Peak Performance bar as a midmorning or midday snack, or as an occasional meal replacement.

**Ingredients:** Beachbody Protein Blend (Soy Protein Isolate, Whey Protein Concentrate), Dates, Dried Apples, Milk Chocolate Coating (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Soy Lecithin, Vanilla Extract), Raisins, Rolled Oats, Soybean Oil, Dextrose, Dextrin, Soy Rice Crisps (Rice Flour, Soy Flour, Soy Protein Isolate, Sugar, Malt Extract, Cocoa, Salt), Fructooligosaccharides (Natural Extract of Chicory Root), Glycerine, Soy Lecithin, Coffee Solids, Natural Flavor, Ginkgo Biloba, Korean Ginseng, Lycopene, Lutein.

**Minerals and Vitamins:** Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E (D L Alpha Tocopheryl Acetate), Ferrous Fumarate, Niacinamide, Zinc Oxide, Biotin, Calcium Pantothenate, Vitamin A Palmitate, Manganese Sulfate, Phytonadione (Vitamin K), Pyridoxine HCl, Riboflavin, Thiamine Mononitrate, Cupric Oxide, Folic Acid, Cyanocobalamin (B12), Potassium Iodide.

**Allergy Information:** Manufactured with equipment that processes wheat, peanuts, tree nuts, and seeds.